

Social Services Network of Sarnia-Lambton

Social service groups touch virtually all aspects of life in Sarnia-Lambton, including basic necessities like food, shelter and clothing, as well as human rights, environment, health, faith, culture, sports and recreation.

The member agencies that make up the Social Services Network of Sarnia-Lambton (SSNSL) bring their knowledge, expertise and compassion in working with communities and individuals to make Sarnia-Lambton a better place in which to live, work and play.

Contributions of Social Service Organizations to the Well-Being of the Sarnia-Lambton Community

Participating Members

- | | |
|---|---|
| Alzheimer Society of Sarnia-Lambton | Lambton Elderly Outreach Inc. |
| Big Brothers Big Sisters of Sarnia-Lambton | Learning Disabilities Association of Lambton County |
| Canadian Mental Health Association, Lambton Kent Branch | Organization for Literacy in Lambton |
| Community Legal Assistance Sarnia | Pathways Health Centre for Children |
| Community Living Sarnia-Lambton | Sarnia-Lambton Children's Aid Society |
| Family Counselling Centre | Sarnia-Lambton Native Friendship Centre |
| Goodwill Industries - Essex Kent Lambton | Sarnia-Lambton Rebound |
| Habitat for Humanity Sarnia/Lambton | St. Clair Child and Youth Services |
| Huron House Boys' Home | St. Joseph's Hospice of Sarnia Lambton |
| The Inn of the Good Shepherd | Victim Services of Sarnia Lambton, Inc. |
| John Howard Society Sarnia Lambton | Women's Interval Home of Sarnia-Lambton Inc. |
| Lambton County Developmental Services | YMCAs across Southwestern Ontario |

Business | Non-Profit | Government



This project proudly supported by the following community partners:



A Report by the Social Services Network of Sarnia-Lambton



"We are a voluntary affiliation of charitable human service organizations working together to strengthen the capacity and promote the values of community-based health and social services throughout Sarnia-Lambton."



Non-Profit Sector in Sarnia and Ontario

Creating Vibrant Communities and Engaging Ontarians

Almost one million Ontarians are employed in the non-profit sector.

Full-time	530,615
Part-time	428,063



Ontario enjoys the largest volunteer population in Canada. 5,000,000 volunteers.

Volunteers contributed 811 million hours in Ontario in 2007.

Social Services Network of Sarnia-Lambton

24 Member Agencies

Volunteers play crucial roles in delivering services that countless individuals in Sarnia-Lambton rely on.



3,350
Volunteers
in Sarnia



270,516
Volunteer
Hours



Volunteer Value
\$3,381,450 @
\$12.50/HR



149 Full-Time
Employees
@ 35 Hours

On behalf of Lambton County Council, it is my pleasure to introduce the Social Services Network of Sarnia-Lambton. Social services are an integral part of any community and often have a direct impact on many other local programs, services and initiatives. Sarnia-Lambton's social service agencies are led by a group of caring and dedicated professionals and volunteers who are focused on providing quality support to the people they serve. I trust you will find the related topics in this publication to be both informative and enlightening.

Sincerely,
Todd Case

Office of the County Warden
789 Broadway Street, Box 3000
Wyoming, ON N0N 1T0
Telephone: 519-845-0801
Toll-free: 1-866-324-6912
Fax: 519-845-3160
www.lambtononline.ca



Todd Case
Warden
County of Lambton
2013-2014

You may not realize this, but the *“Not For Profit Sector”* which I refer to as the *“Social Profit Sector”* contributes **\$35.6 billion** to Canada's Gross Domestic Product, that accounts for **2.5% of the total Canadian economy**. That is more than Agriculture, Automotive Manufacturing, Food Services and Accommodation. **There is true economic impact on local economies through the purchase of local goods and services and the engagement of the local work force.**

The real value however is in the value they create for society on a daily basis. They provide many services that are either not addressed by government policies, lack funding support or have been challenged financially by the restructuring of our economy.

The Sarnia Lambton Chamber of Commerce recognizes the significance of these organizations to our community and supports them through connectivity to its membership and through advocating for government policies that foster a positive business and social environment. *On behalf of the Chamber I offer our gratitude to the people in these organizations as they make a significant contribution to the enhanced quality of life that we enjoy here in Sarnia Lambton.*

Rory Ring
President & CEO

Sarnia Lambton Chamber of Commerce
556 North Christina Street
Sarnia, ON N7T 5W6
Tel: (519)336-2400
E-mail: info@sarnialambtonchamber.com



Rory Ring
Sarnia Lambton
Chamber of Commerce
President and CEO



Proud to support the
Social Service Network
of Sarnia-Lambton.

* denotes a United Way funded Agency.



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Social Services Network of Sarnia-Lambton

Imagine Sarnia-Lambton without after-school programming for youth.

- ▶ Or without help in reading or writing.
- ▶ Or without empowering services for the elderly.
- ▶ Or without counselling services for families in distress.

Where would you turn for support with a child with disabilities?

- ▶ Or help to find a job?
- ▶ Or a little extra food to get through until your next pay?
- ▶ Or comfort for a family member in their final days?

Our mission statement:

"We are a voluntary affiliation of charitable human service organizations working together to strengthen the capacity and promote the values of community-based health and social services throughout Sarnia-Lambton."

Without social services, we wouldn't have justice, compassion and community. Without social services, Sarnia-Lambton would be a little colder, harsher and lonelier.

Social service groups touch virtually all aspects of life in Sarnia-Lambton, including basic necessities like food, shelter and clothing, as well as human rights, environment, health, faith, culture, sports and recreation.

The member agencies that make up the Social Services Network of Sarnia-Lambton (SSNSL) bring their knowledge, expertise and compassion in working with communities and individuals to make Sarnia Lambton a better place in which to live, work and play.

The programs and services that members deliver are often supported by government grants, private industrial and corporate donations and almost always through the dedication of a multitude of volunteers. While some organizations operate on a shoestring budget and are driven solely by voluntary effort, others are able to command substantial human and financial resources in pursuit of fulfillment of their unique visions for Sarnia-Lambton. What they all have in common is that their primary goal is to serve the public and to better their community through enriching lives, educating, teaching life skills, dignity, self-respect and volunteering.

SSNSL agencies are in the newly defined 'social profit' sector, which benefits our communities by making them more humane, caring and prosperous.

Although SSNSL represents only a small sample of a much larger group of social profit organizations in our community, its total impact is still very impressive!

- ▶ SSNSL agencies employ the equivalent of approximately **505** FTE staff in **13** organizations;
- ▶ Total budgets amount to **\$31.7 million** for the 2012–2013 fiscal year. This money is spent primarily within Sarnia-Lambton, mainly on salaries, programs, services and other administrative expenditures;



- ▶ More than **1,865** people volunteer in a myriad of ways; and
- ▶ These volunteers contribute an estimated **15,781** hours per month or **189,372** hours per year of their time just for the SSNSL agencies alone. This creates annual savings of approximately **\$2,800,000!** (Using the Ontario Community Support Association rate of \$12.50 per volunteer hour.)

In terms of the social impact that the SSNSL has within Sarnia-Lambton, it is estimated that more than **40,000** citizens of Sarnia-Lambton are supported or affected by the services of this small group of agencies.

Here are just some of the impacts that our member agencies have made in the past year:

- ▶ The Inn of the Good Shepherd assisted 600 people with meals on a regular basis; 1,000 persons with shelter, rent and utilities; and 2,000 with supplies from its food bank;
- ▶ St. Clair Child and Youth Services supported 1,300 clients and their families;
- ▶ The Family Counselling Centre helped 8,000 residents with counselling, education and support services;
- ▶ Goodwill Industries – Essex Kent Lambton assisted 1,100 clients to obtain employment; and
- ▶ Sarnia-Lambton Rebound helped 500 youth and their parents by providing life skills programs.

The impact this has on our community is significant. Social factors are major contributors to the overall health of individuals as well as the communities in which they live. Factors such as living and working conditions; social support networks; education; coping skills; personal health practices; and childhood development are crucially important for a healthy population. By assisting its citizens who are struggling, a community can positively impact the quality of life of its members.

Even with these many benefits, SSNSL agencies are constantly facing challenges. The need for long-term funding that can be directed quickly to where it's needed most is difficult to secure with constantly increasing challenges: government cutbacks, the economic downturn, donors becoming clients, an aging population, donor fatigue, external fundraisers operating locally, competition, declining availability of volunteers and changes in the funding environment. These make it extremely difficult for agencies to pay for infrastructure, administration and other organizational supports needed to implement programs.

Due to these many challenges, organizations have reported having difficulty fulfilling their missions as well as not being able to respond to community needs. Many organizations are

The SSNSL believes that this mission can be achieved through:

- ▶ *Networking amongst member agencies to better identify service gaps and duplication;*
- ▶ *Speaking more effectively to all the stakeholders in the community as one voice to issues concerning this service sector;*
- ▶ *Presenting more effective joint projects and funding proposals; and*
- ▶ *Improving communication through more effective networking amongst its members.*



faced with enormous waiting lists, staff cuts and even closures, thus jeopardizing the quality of life residents have come to expect.

The SSNSL has taken hold of these challenges and is moving ahead in a cooperative manner to find new ways to address the changing times and give the social profit sector more stability, permanence and value in our community's capacity development.

But to make this happen, we need your help!

Your monetary donations make significant impact. Most dollars stay right here in Sarnia-Lambton to fund quality, in-demand programs and services for those in need – perhaps even you. From providing safe, warm environments for those in distress, to helping children with their first steps, the ways that your dollars help improve lives is practically endless.

Your donations of time also contribute significantly to the quality of life in our communities. This hands-on way of giving back can come in all shapes and sizes, whether you're serving a bowl of soup, teaching the next generation or using your personal resources. You'll quickly find that there's a whole new world out there, filled with exciting ways to contribute locally, improve your life and career skills, empower others and enrich lives. Anything is possible!

Please take a moment to read through this booklet, learn about our member agencies and recognize the needs they all face. In choosing to support them, you're supporting the growth of not only Sarnia-Lambton, but also your family, friends and neighbours.

Alzheimer Society of Sarnia-Lambton

T 519-332-4444
E info@alzheimersarnia.ca
 www.alzheimer.ca/sarnialambton
 420 East Street North
 Sarnia, ON N7T 6Y5

AREAS SERVED: Sarnia and Lambton County

WHO WE SERVE: The Society is committed to providing quality services and support to people with Alzheimer’s disease or related dementias and their caregivers through awareness, client/caregiver focus, utilization of resources, research and education.



PROGRAMS/SERVICES

First Link: Connects individuals and families affected by dementia to opportunities for learning, community services and support through the course of the disease.

Support: Information/education groups, early stage information series, personal supportive counselling and in-home caregiver respite.

Education & Training: Lending library, caregiver information series, children’s programs, advance care planning, Alzheimer education series, webinars, in-service training and education.

System Navigator: Provides enhanced, integrated and cross-sectoral services to meet the needs of older adults with responsive behaviours associated with dementia, mental health, addictions and other neurological conditions while living at home, in hospital, retirement home or long-term care.



HOW YOU CAN HELP:

Alzheimer’s disease is not an illness we can ignore. It has an overwhelming impact on the people who develop it, and the families who care for them.

In 2011, family caregivers spent 444 million unpaid hours looking after someone with dementia, representing \$11 billion in lost income and 227,760 lost full-time equivalent employees in the workforce. By 2040, they will be devoting a staggering 1.2 billion unpaid hours per year.

The Alzheimer Society wants a national dementia plan to help reduce the burden of dementia and to support more people with the disease across Canada. A national dementia plan will help overcome the pending crisis in dementia care by ensuring the coordination and evaluation of all national efforts in Alzheimer’s research, clinical care, institutional, and home- and community-based programs and their outcomes.

Locally, all monies donated to the Society remain in Sarnia-Lambton to support our existing programs, develop new ones and stretch to meet the increasing demands for service. Your support through donations, in memoriam gifts, bequests, legacies and attendance at our events is greatly appreciated!



Big Brothers Big Sisters of Sarnia-Lambton

T 519-336-0460
E sarnia@bigbrothersbigsisters.ca
 www.bigbrothersbigsisters.ca/sarnia
 10 Lorne Crescent
 Sarnia, ON N7S 1H8

AREAS SERVED: Lambton County

ABOUT: Big Brothers Big Sisters of Sarnia-Lambton provides quality guidance in the development of life skills to the children of our community through companionship with adult volunteers through a variety of mentoring programs. Big Brothers Big Sisters of Sarnia-Lambton is a United Way Member agency.

WHO WE SERVE: Children and youth between 5 and 18 years of age throughout Sarnia-Lambton.



PROGRAMS/SERVICES

Big Brother Big Sister Program: This program matches stable adults of good character with a child of the same gender for a one-to-one friendship. The volunteer and child share three to four hours together weekly participating in a variety of mutually enjoyable activities in the community.

Couples Matching: Married or common-law couples who have three to four hours a week to spare and would like to share the joys and rewards of befriending a child can enrich their lives by volunteering together as a couple.

Summer Program: Volunteers are matched with a Little Brother or Little Sister, three to four hours a week for the months of May through to September to experience the merits of the Big Brother Big Sister program. They can continue as a long-term match if they wish.

Big Bunch: This is a group mentoring program for Little Sisters on the waiting list. Group activities are organized and supervised by adult female volunteers. Each group is made up of six similarly aged girls and two to three mentors. They meet biweekly.

In-School Mentoring: This is a co-operative effort between the Big Brother Big Sister agency and area schools. It matches adult male and female volunteers (known as In-School Mentors) to boys and girls for an hour a week at the child’s school. This is a fun-based one-to-one relationship which promotes co-operation and a positive self-esteem.

Game On & Go Girls: These are two gender-specific In-School Mentorship Programs geared toward students in grades six, seven and eight. A group of 12 children under the leadership of two young adult mentors spend two hours a week over seven weeks. The mentors facilitate a fun program involving games and activities while teaching group members about healthy active living, good eating habits and positive self-esteem.

After School: This program provides youth an opportunity to socialize at the Dow Centre for Youth from 3–5 p.m.



VOLUNTEER

OPPORTUNITIES: There is great need for both men and women to volunteer in a wide variety of mentoring roles with children and youth, as well as many opportunities for volunteers behind the scenes.

FUNDING

OPPORTUNITIES: Big Brothers Big Sisters of Sarnia-Lambton is a proud member of the local United Way which provides approximately a third of our agency funding. To raise the needed funds we run a number of events each year which have included our Bowl for Kids’ event, Show and Sale, Climb for Kids, Curl for Kids as well as Tastings (our wine and microbrewery experience). These special events would not be feasible without the dedication of our committee volunteers.



Canadian Mental Health Association, Lambton Kent Branch

T 519-337-5411 (Sarnia)
T 519-436-6100 (Chatham)
E www.cmhalambtonkent.ca
www.cmhalambtonkent.ca
210 Lochiel Street
Sarnia, ON N7T 4C7
100-240 Grand Ave. W.
Chatham, ON N7L 1C1

AREAS SERVED: Lambton and Kent counties

ABOUT: Whether individuals are experiencing a mental illness, have a family member or friend with a mental illness, are a health care provider, an employer or are seeking information, we are available to help. We are dedicated to enhancing and promoting the mental health of individuals, families and community through advocacy, education and mental health services.

WHO WE SERVE: CMHA Lambton Kent serves Kent and Lambton counties with main offices in Chatham and Sarnia, as well as satellite offices in Petrolia, Forest, Kettle Point, Grand Bend, Watford and Wallaceburg.

PROGRAMS/SERVICES

Crisis Services: These are provided to individuals in Lambton County and the Municipality of Chatham-Kent who have a diagnosed mental illness and are in need of support; individuals who are experiencing symptoms of a mental illness; anyone who may be experiencing thoughts of suicide regardless of mental health history; family members of individuals who are experiencing a mental health crisis; and any professionals in the community who require consultation/assistance regarding an individual with a mental health concern or mental health crisis.

Short-Term Services: Individuals experiencing symptoms of depression and anxiety can receive support from a mental health professional in the areas of illness education and management, crisis planning and relapse prevention.

Integrated Client Services: We provide clinical services to adults aged 16 and older. Services are tailored to meet the needs of the individual to provide relevant education, aid in skill development and promote independence.

Case Management: This provides assessment and individualized psychosocial rehabilitation for individuals with serious and persistent mental illness. The service is client centred, structured, goal focused and time limited.

Services Include:

- ▶ Crisis Safe Beds and Emergency Housing
- ▶ Specialized Geriatric Mental Health Outreach Team (G Care)
- ▶ Early Intervention Services for Youth/Young Adults (14–35)
- ▶ Access Committee/Intake and Assessment
- ▶ Intake/Referral
- ▶ Discharge Planning
- ▶ Vocational Support
- ▶ Trusteeship Program
- ▶ Concurrent Disorders Case Manager
- ▶ Dual Diagnosis Specialist
- ▶ Aftercare Program
- ▶ Preventative Education Program (PEP)
- ▶ Supportive Housing Services
- ▶ Court Support
- ▶ Release from Custody
- ▶ Long Acting Injectable Medication and Clozaril Clinic Services



FUNDING

OPPORTUNITIES:

Become a Member: For just \$20 a year you can become a member of CMHA Lambton Kent. Just complete the form on our website and send it to the specified address.

Donate: The generous donations we receive, through memoriums, tributes, bequests and in general, help us to continue providing valuable supports and services to those who need them.

VOLUNTEER OPPORTUNITIES:

Volunteers provide assistance administrative support and educational programs, and also serve on our Board of Directors and Foundation Board. We welcome applications for all volunteer roles.



Community Legal Assistance Sarnia (CLAS)

T 519-332-8055
TF 1-888-916-2527
www.sarnialegalclinic.com
201 Front Street North,
Suite 407
Sarnia, ON N7T 7T9A

AREAS SERVED:

Lambton County

ABOUT: Community Legal Assistance Sarnia is an independent community-based legal clinic funded by Legal Aid Ontario and staffed by experienced lawyers, paralegals, community legal workers and administrative staff. We help our clients, who face economic barriers to justice, assert their legal and civil rights pursuant to the rule of law which is the foundation of a true and vibrant democracy that is inclusive of all its citizens.

WHO WE SERVE: We provide legal services to low-income clients and groups in our community.



PROGRAMS/SERVICES

Primary Areas of Law: We can help with:

- ▶ Ontario Disability Support Program (ODSP);
- ▶ Ontario Works (OW);
- ▶ Landlord and tenant/ housing issues;
- ▶ Employment insurance;
- ▶ Employment standards;
- ▶ Canada Pension Plan;
- ▶ Old-age pensions;
- ▶ Criminal injuries compensation;
- ▶ Access to health care;
- ▶ Human rights and discrimination;
- ▶ Police complaints;
- ▶ Consumer law issues; and
- ▶ Assisted referrals to appropriate government and non-government services.

Summary Advice: Legal information on an individual basis concerning a wide range of legal issues and problems. Very often an individual's problem can be resolved through methods of self-help which are explained to the client.

Casework: Where other sources of assistance are not available to the individual and that individual is financially eligible for the clinic's services, that person can retain the clinic to act on his/her behalf.

Public Legal Education: We conduct sessions on a variety of topics in an effort to raise the general level of legal awareness in the community.

Law Reform: It is often necessary to push for changes in legislation. This is done formally by presenting briefs to legislative committees and Royal Commissions or informally by communicating concerns to locally elected members of government or lobbying government boards and agencies to change their policies. CLAS works with other clinics and community groups on law reform issues and projects. We also participate in test case litigation.

Community Development/Organizing: The clinic plays an ongoing role in community development around particular legal issues and around the specific needs of low-income people. Staff and directors may sit on other boards and groups in an effort to assist the community in meeting the needs of the client group.

Tenant Duty Counsel: CLAS provides tenant duty counsel at hearings of the Landlord Tenant Board in Sarnia.

Baamsedaa Aboriginal Justice Program: Baamsedaa, which is Ojibwe for "let's walk together", seeks to remove barriers that have made it more difficult for Aboriginal people to access justice and obtain legal help in Lambton County.



FUNDING

OPPORTUNITIES: CLAS welcomes donations that can be used to provide disbursement funds for our clients to enable us to pay for medical reports, filing fees and other costs associated with their cases.

VOLUNTEER OPPORTUNITIES:

Consumer Liaison Committee:

This is a vital factor in CLAS's ability to do law reform and community development work. The Consumer Liaison Committee members consist of individuals who are now or have been financially poor, a board member (chair) and a community legal worker (vice-chair).

Board Member: Volunteers from the community manage legal clinics. This is to ensure that the members of the community have some control over the appropriate delivery of poverty law services in their community.



Community Living Sarnia-Lambton (CLSL)

T 519-332-0560

E clsd@communitylivingsarnia.org

www.communitylivingsarnia.org

551 Exmouth St., Suite 202
Sarnia, On N7T 5P6

AREAS SERVED: Lambton County

ABOUT: Community Living Sarnia-Lambton's vision is that all persons who have a disability live in a state of dignity, share in all elements of living in the community and have the opportunity to participate effectively. CLSL is therefore dedicated to enriching the lives of people who have a developmental or intellectual disability, and their families, by providing a continuum of quality support services that are flexible and promote individual choice and life goal achievement.

WHO WE SERVE: CLSL annually supports about 400 children, youth and adults who have an intellectual or developmental disability. Its Employment Transitions supports all qualifying youth and adults who have a disability or an employment challenge.



PROGRAMS/SERVICES:

Housing Supports: Supports are provided as needed for individuals living on their own or with roommates, or whether living in a townhouse or in a 24-hour group support home. Supports are provided as needed, ranging from a few hours per week to all day, every day.

Respite Services (Family Relief): Provides a variety of options for children, youth and adults who live at home with their families. Options include:

- ▶ **Out-of-Home Respite:** Overnight or short-term stays at various home or apartment settings within Sarnia, ranging from one night to one week.
- ▶ **Individualized Respite:** One-to-one support for individuals and the family, which may occur in the one's home or in the community.
- ▶ **Summer Youth Adventures:** Summer respite for children and youth, age 18 and younger.

Employment Supports:

- ▶ **Employment Transitions:** Assists youth and adults who have a disability in finding and maintaining long-term competitive employment with local employers.
- ▶ **jobStart:** Offers eight-week in-depth employment readiness and retention training sessions. Sessions are offered four times per year with ten participants in each session.
- ▶ **Summer Employment Transitions:** Provides school-to-work experiences each summer for young adults who have a disability.

Wawanosh Enterprises: Offers a wide range of industrial services to local and county businesses and industries. In doing so, it is able to provide work training opportunities for about 80 individuals in part-time or full-time positions.

Day Options (Life Skills): Supports adults who are unable to participate in work opportunities due to significant medical and/or behavioral needs. Supports are based on individual needs and desires and may include: daily living skills, sensory stimulation and development, recreation and leisure activities, and community participation. Its Seniors Services typically support those who are over the age of 55 and no longer able to work. The focus is on self-care, activation, social activities and community outings and, as one ages, may include hygiene, seniorise and retirement planning.

Recreation and Community Involvement: Provides many recreation and leisure activities throughout the year, with the focus being on fun, fitness, socialization and involvement in one's community.

Community Transitions Facilitation (Planning): Assists families with support planning that have a child, youth or adult with a disability living at home, and assists older adults who live independently. Such planning provides linkages to services and resources and promotes friendships, greater independence and community inclusion.

FUNDING

OPPORTUNITIES: CLSL receives about 66% of its funding from the Ministry of Community and Social Services (MCSS). The remainder is generated via other smaller government and United Way grants, business contracts, fees for service, fundraising events and donations.

CLSL greatly appreciates the generous donations it receives through memoriums, tributes, bequests and from the general public. Donations directly support valuable services and requirements that are not covered by government funding.

VOLUNTEER

OPPORTUNITIES: Volunteers provide assistance with fundraising events, leisure and recreational activities, individual or group supports and also serve on our Board of Directors. We always need and welcome more volunteers.



Family Counselling Centre

T 519-336-0120

E fcc@familycounsellingctr.com

www.familycounsellingctr.com

1086 Modeland Road
Building 1030, 2nd Floor
Sarnia, ON N7S 6L2

AREAS SERVED: Sarnia and Lambton County

ABOUT: Family Counselling Centre assists, educates and strengthens individuals, families & community through programs, partnerships and resources.

WHO WE SERVE: Family Counselling Centre services are available to all residents of Sarnia and Lambton County based on their need and/or eligibility for programs and service.

VOLUNTEER OPPORTUNITIES:

Family Counselling Centre has a number of volunteer opportunities available through the Distress Line and Tel-Check which provide excellent training to prepare those wishing to help and support others. The organization has a volunteer board and appreciates volunteers' support for certain programs, services and special events. For more information, please contact our Volunteer Coordinator.

PROGRAMS/SERVICES

Family, Couple & Individual Counselling

- ▶ Employee / Member Assistance Programs provide professional counselling services to employees/members, and the family members of companies/unions.
- ▶ United Way supported and subsidized counselling helps ensure that low-income families receive professional low-cost counselling when they need it.
- ▶ Fee-for-Service counselling can be purchased by anyone who feels they are in need of assistance.
- ▶ Family Counselling Centre's professional, registered counsellors are approved to provide service through medical services, most insurance companies, Victim Quick Response Program referrals and other funded services.

Supporting People With Special Needs

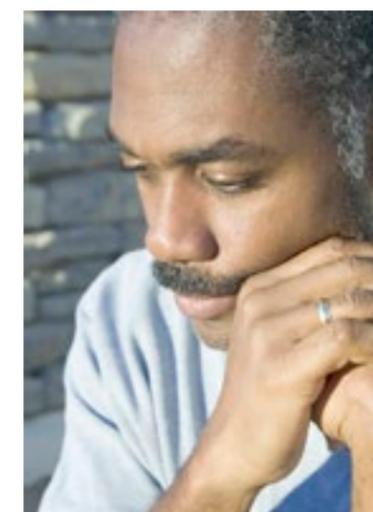
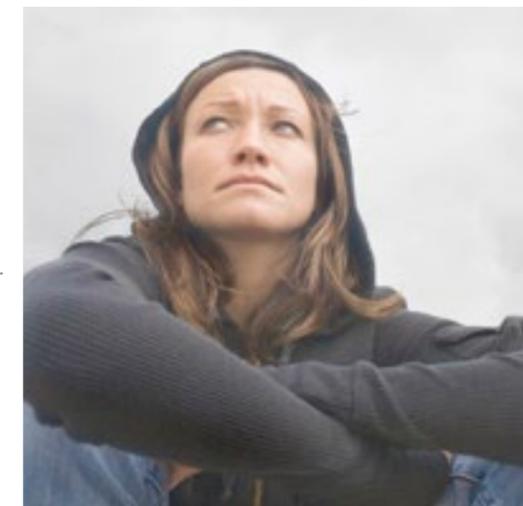
- ▶ Advocacy, Planning & Support Services provides a range of services to support individuals with developmental disabilities and their families. Funded by the Ministry of Community and Social Services (MCSS).
- ▶ Special Supports at Home provides funding for in-home support and services that are not available in the community. Funded by MCSS.
- ▶ Autism Spectrum Disorder (ASD) funding provides temporary relief for the physical and emotional demands involved with caring for children with ASD. Funded by the Ministry of Children and Youth Services (MCYS).
- ▶ Trusteeship Services prevent homelessness and issues relating to the non-payment of bills; run in conjunction with the County of Lambton and MCSS.

Ending the Cycle of Violence

- ▶ Violence Against Women programming provides counselling services to women who have experienced physical and/or emotional abuse in an intimate relationship. Funded by MCSS.
- ▶ Partner Assault Response offers individual assessments and groups for men/women who have abused their partner. Funded by the Ministry of the Attorney General (MAG).
- ▶ Brief Trauma Work programming provides counselling services to victims of sexual assault, up to age 18, and to their families. Funded by Bluewater Health's Sexual/Domestic Assault Treatment Centre.
- ▶ Sexual Assault Outreach provides counselling services to women over 50 years of age who have experienced sexual abuse. Funded by the Local Health Integration Network (LHIN).
- ▶ Family Court Support Worker provides assistance for victims of domestic violence who are involved in the Family Court Process, funded by MAG.

Supporting Children, Families, Seniors & Community

- ▶ STARRting Point provides information and referrals for all children's services. Funded by the MCYS.
- ▶ Distress Line Sarnia is a telephone crisis support service, 519-336-3000, for people who need reassurance, support, information and referral. Funded by the United Way.
- ▶ Tel-Check is a program that provides a daily phone call to seniors and persons with disabilities who live alone. Funded by the LHIN and United Way.
- ▶ Supervised Access Centre provides a supervised setting for visits between a child and a non-custodial family member. Funded through MAG.





Goodwill Industries— Essex Kent Lambton

T 519-332-0440
E info@goodwillekl.com
www.goodwillekl.com
1121 Wellington Street
Sarnia, ON N7S 6J7

AREAS SERVED: Essex, Kent and Lambton counties

ABOUT: Goodwill Industries – Essex Kent Lambton (Goodwill Industries EKL) is a not-for-profit organization that changes lives by working with individuals to help them reach their employment goals.

WHO WE SERVE:

Employment programs and services target adults over the age of 18 who are seeking employment, as well as business owners/managers looking for full-time, part-time and temporary workers to accomplish a variety of tasks.



PROGRAMS/SERVICES

Donation Program: Every day, Goodwill Industries EKL collects thousands of donations in the form of used clothing and household items primarily via a network of attended drive-thru donation centres.

Retail Program: Donated goods are sold in retail stores to support employment programs and services.

Client Employment Program: This vocational skills training program helps those with developmental disabilities, mental health diagnoses and other significant barriers to employment who are not currently ready for competitive work.

First Impressions: This opportunity offers clients and referred individuals clothing for job interviews and to use in their future work setting. First Impressions is in operation in Sarnia and Chatham.

Industrial Contracts: These are short- and long-term production-oriented tasks that give hands-on training and employment, while saving time and energy for businesses that need to outsource projects.

School-to-Work Transition Program: To give students the skills they need to succeed in competitive employment and fund classroom resources, Goodwill Industries EKL has established in-school donation and retail centres at Alexander Mackenzie Secondary School in Sarnia, North Lambton Secondary School in Forest and Wallaceburg District Secondary School.

Targeted Initiative for Older Workers: This is a joint initiative of the governments of Canada and Ontario funded by Human Resources and Skills Development Canada to provide older laid-off workers with training to help them find new jobs and match their skills and experience with the needs of employers in Kent County.

Future Focus: Funded through the Government of Canada's Skills Link program, this six-month program helps youth gain knowledge and develop a broad range of skills for the job market or to return to school, supporting youth with a client-centred approach based on an assessment of their specific needs.

Financial Literacy Program: Fully funded by Goodwill Industries EKL and customized in Sarnia and Windsor this initiative gives clients from community agencies the opportunity to gain basic financial skills.



FUNDING

OPPORTUNITIES: Your financial support of Goodwill Industries EKL helps us provide workforce development services to individuals throughout Essex, Kent and Lambton. There are many ways you can donate: online, in person at our corporate offices or by supporting one of our many community events.

VOLUNTEER

OPPORTUNITIES: We'll match your interests and availability with existing opportunities at Goodwill Industries EKL. Volunteers demonstrate a variety of skills when lending their time to an organization, including the ability to communicate, make decisions, lead and consider how actions impact communities both locally and globally.



Habitat for Humanity Sarnia/ Lambton

T 519-339-7957
E sreame@habitatsarnia.org
www.habitatsarnia.org
1787 London Line
Sarnia, ON N7T 7H2

AREAS SERVED:

Lambton County

ABOUT: Habitat for Humanity Sarnia/Lambton is a not-for-profit organization that builds simple, decent homes then sells them to low-income, working families seeking safe and affordable housing. Through our zero-down, zero-interest mortgages and geared-to-income monthly payments we offer our partner families a hand-up, not a hand-out. As with the rest of Canada, there is at least one family on every block in communities here in Sarnia/Lambton who pay more than 50% of their income for rent, leaving little for other basic necessities and sometimes requiring a decision between food and heat. The work that Habitat is doing right here at home is making a difference.

WHO WE SERVE: Habitat Sarnia/Lambton welcomes applications from Canadian citizens and landed immigrants. Families must have lived in the Sarnia-Lambton area for a minimum of one year.

PROGRAMS/SERVICES

Habitat's affordable home ownership model is being heralded by government at all levels as a viable alternative to social housing. Recipients of Habitat homes are no longer a burden on the government and taxpayers. Rather, as homeowners, they become taxpayers – vested members of this community. Research shows that, with the receipt of their Habitat home, family health improves significantly, children's grades improve, families report that they are 'happier', and family members are significantly more engaged in their communities. In short, decent housing changes lives.

Family need is measured against three key criteria.

- 1. Need for adequate shelter:** We assess current housing to see if it is unhealthy, unsafe, inaccessible (for disabled family members), overcrowded or if the percentage of income spent on shelter is excessive. Families living in sub-standard housing are given preference.
- 2. Ability to pay a mortgage:** A family must not qualify for a conventional mortgage, have a high debt load or be in bankruptcy. There must be a stable gross income not less than \$22,000/year which does not include EI, Social Assistance, Ontario Works or child tax credits. Maximum allowable family income is based upon the number of bedrooms a family requires. [per CMHC published criteria]
- 3. Willingness to partner with Habitat:** We require each family to contribute 500 hours of volunteer service (or 'sweat equity'). As well, each family must participate in an extensive Homeowner Education Program.

Once selected, it usually takes 12–18 months before construction begins on a family's home. The construction process can take an additional 4–8 months.



FUNDING OPPORTUNITIES:

Because our ReStore pays 100% of all administrative and operating expenses, 100% of every dollar donated is used to build homes here in Sarnia-Lambton. Charitable tax receipts are given for all donations over \$20.

We currently have four active build programs each for which we are seeking funding:

- ▶ **WomenBuild program:** home-build undertaken by teams of local women
- ▶ **Habitat Youth Program (HYPI):** home-build using local youth ages 16–25
- ▶ **Lambton College Partnership Build:** College students use a Habitat build-site as a 'living classroom'
- ▶ **Aboriginal Housing Program:** New for 2015

Our ReStore: Our ReStore is a retail home renovation outlet that accepts and sells donations of new and gently used building and home décor items to the general public at a fraction of retail cost. We re-purpose what would otherwise go to landfill. Call today for a pick-up at your home or business.

VOLUNTEER

OPPORTUNITIES:

New volunteers are always welcomed at our ReStore. Varied jobs. Flexible hours. Call us!

If you are interested in participating in any of our above-mentioned build programs, we would love to hear from you. Remember... no experience necessary. Join a build team today!





Huron House Boys' Home

T 519-869-4000
E info@hhbh.ca
www.hhbh.ca
2473 Lakeshore Rd.
PO Box 260
Bright's Grove, ON N0N 1C0

AREAS SERVED: Sarnia and Lambton County, London, Woodstock, Windsor and Southwestern Ontario

ABOUT: Youth Services of Lambton County Inc. (Huron House Boys' Home) was established in 1970 by a group of concerned citizens from Sarnia who saw a need in the community to provide a safe, warm environment for teenage boys to live. The response from the community was so great that in 1972 a 12-member volunteer Board of Directors incorporated the agency to form Youth Services of Lambton County Inc., now commonly known as Huron House Boys' Home. HHBH is licensed annually by the Ministry of Children and Youth Services for the Province of Ontario.

WHO WE SERVE:

We service young men 12-18 years of age. Although there is no set time period that a youth will stay with us, it is generally appropriate that a youth will live here for six to 18 months.

PROGRAMS/SERVICES

Huron House Boys' Home is a unique program that has a solid reputation for making significant improvements in the lives of more than 85% of the boys that enter our program. We are an accredited member of Children's Mental Health Ontario that provides a treatment perspective to help young boys grow into successful adults. We are situated on 12 acres of land near the shores of Lake Huron in Bright's Grove, where we help as many as 28 boys at any given time. All program staff members have university degrees or diplomas as a Child and Youth Worker.

We offer:

- ▶ Counselling;
- ▶ Education;
- ▶ Structure and nurturance;
- ▶ Building a solid work ethic;
- ▶ Recreation; and
- ▶ Community integration.



FUNDING OPPORTUNITIES:

The Boys' Home has four major annual fundraising events:

- ▶ Huron House Boys' Home Father's Day Run/Walk/Skate/Bike;
- ▶ Spring Bulletin (Newsletter);
- ▶ Men Who Cook Gala Night; and
- ▶ Christmas Annual Appeal (Bulletin).

VOLUNTEER OPPORTUNITIES:

Volunteers are needed to assist with the planning of events and fundraising activities. Our biggest events are the Run/Walk/Skate/Bike (June) and our Men Who Cook event (March). We need roughly 200 volunteers for the Run/Walk/Skate/Bike and 20-25 for the Men Who Cook Gala Night.



The Inn of the Good Shepherd

T 519-344-1746
E theinn@theinnsarnia.ca
www.theinnsarnia.ca
"like us on facebook"
115 John Street
Sarnia, ON N7T 2Z1

ABOUT: Our mission is to provide service with dignity to those in need of food and shelter. Programs focus on alleviating hunger, homelessness and poverty. The Inn has three service locations in Sarnia: The Inn on John Street is the main program and administration centre; The Haven on Kathleen Street is the youth emergency shelter; and The Good Shepherd's Lodge on Confederation Street is the adult and family shelter and transitional housing.

WHO WE SERVE: The Inn of the Good Shepherd serves the homeless, unemployed and working poor. Almost 70% of clients are working, recently lost their job or are on a pension - disability or retirement. 1,800 people a month access the food bank (720 of those are children).



PROGRAMS/SERVICES

Core programs:

- ▶ The Food Bank, where people can select a food package every three weeks;
- ▶ The Soup Kitchen, which serves a daily hot meal;
- ▶ The Rent/Utility Bank, which assists clients facing an eviction notice or utility shut-off notice by providing financial assistance direct to the landlord or utility;
- ▶ Genesis, providing free clothing or household items every Tuesday afternoon;
- ▶ The Haven - a nine-bed, co-ed emergency shelter for youth ages 16-21;
- ▶ The Good Shepherd's Lodge - a 25-bed emergency shelter for adults and families and a five-unit transitional housing program providing life-skills learning to help clients transition to permanent housing; and
- ▶ Red Path is based on a native holistic approach of a group healing circle, addressing the needs of living life without violence and addictions management. It offers culturally appropriate tools to assist each participant to accept responsibility for self-change and gain greater control over their lives.

Support Programs:

- ▶ The Mobile Market, allowing clients to access fresh vegetables weekly at one of 11 locations throughout Sarnia and Lambton County;
- ▶ Back to School Kits, providing families with essential school supplies in August;
- ▶ Income Tax Clinics, assisting clients in completing their taxes to remain qualified for benefits such as Child Tax Credit, GST rebate etc.;
- ▶ Reduced Transit Fares, providing clients with access to bus passes at reduced costs and helping remove transportation barriers;
- ▶ Children's Birthday Club, providing families with a gift, book, cake mix and stuffed animal so their child can have the dignity of a birthday like any other child;
- ▶ Winter Coat Night, distributing 500 winter coats, boots etc. in October; and
- ▶ Christmas Programming, including a singles and a family's dinner, adopt-a-family and children's Christmas party.



HOW YOU CAN HELP:

While The Inn does receive some government funding, we rely on the support and generosity of the community to reach out and touch so many individuals who are struggling. Individuals, businesses, schools, churches and industry all make meaningful contributions.

You Can Help Through:

- ▶ food donations or organize a food drive
- ▶ financial donations or hold a fundraiser
- ▶ donate clothes or household items

The Inn is blessed to have more than 400 volunteers assisting in our many programs and activities - you can volunteer in the food bank, for a special event, for a fundraiser or for serving a meal.



**John Howard
Society Sarnia
Lambton**

T 519-336-1020
E info@johnhowardsarnia.com
www.johnhowardsarnia.com
300 Christina Street North
Sarnia, ON N7T 5V5

AREA SERVED: Lambton
County

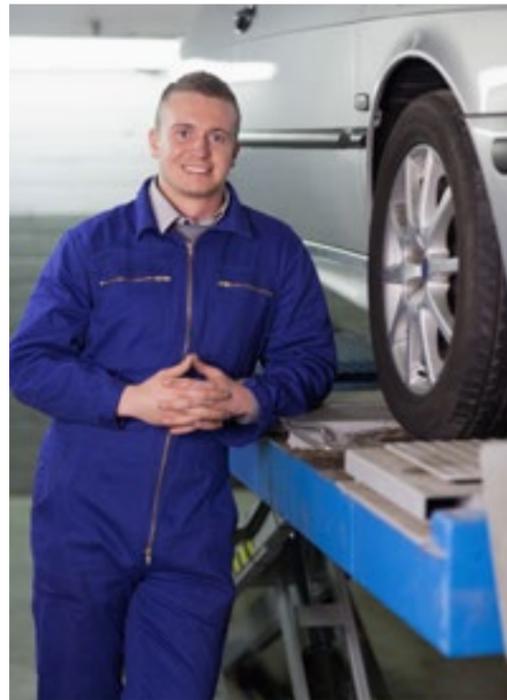
ABOUT: The John Howard Society has been serving the Sarnia-Lambton community since 1949. The Society's focus is on dealing with matters pertaining to the criminal justice system, the provision of services to local jail inmates, and community education about the criminal justice system. We do not provide legal services or legal opinions.

WHO WE SERVE: Services are provided to persons in conflict with the law (including young offenders by probation referral), prisoners at the Sarnia Jail and citizens who request information.

PROGRAMS/SERVICES

Opportunities for Youth Program: Cognitive behavioural, addictions, life skills, Aboriginal-specific services and youth referred by the probation department.

Other services include: Community reintegration planning for inmates at the Sarnia Jail; Community Service Order programming for those referred by adult probation; and general advocacy, referral and information services.



FUNDING OPPORTUNITIES:
All donations gratefully accepted.

VOLUNTEER OPPORTUNITIES:
Call for information.



**Lambton County
Developmental
Services (LCDS)**

T 519-882-0933
E administration@lcds.on.ca
www.lcds.on.ca
339 Centre Street
PO Box 1210
Petrolia, ON N0N 1R0

AREAS SERVED:
Lambton County (Sarnia, Corunna, Brigden, Petrolia, Wyoming, Alvinston, Oil Springs, Oil City, Forest, Waford)

ABOUT: LCDS is a non-profit social service agency committed to providing quality supports for people with developmental disabilities and contributing to the communities throughout Lambton County. We believe that sustainability, collaboration and innovation are important themes that strengthen our impact. We hope our supports and services, the way we do business and our presence in the community reflect those themes.

WHO WE SERVE:
LCDS supports people with developmental disabilities.

PROGRAMS/SERVICES

Housing Support: Provides a variety of support options such as:

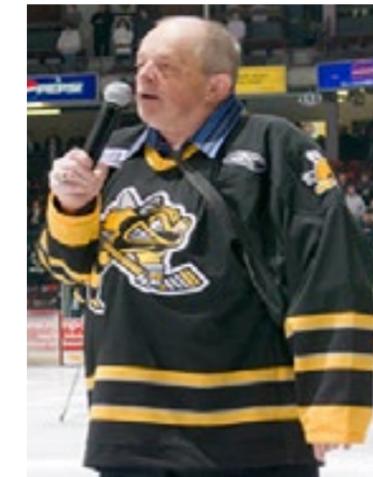
- ▶ Group Living – providing 24-hour support;
- ▶ Supported Independent Living;
- ▶ Live-In Model options – paid staff will live in a home providing support to people; and
- ▶ Home Share – people live and receive support from families other than their own.

Meaningful Day Options: LCDS provides a varied, engaging and supportive environment where people are encouraged to participate in the community, develop skills that foster independence, and experience relationships that make them feel respected. Opportunities include:

- ▶ Life Management skills training;
- ▶ Resource Room (offers use of computers, smart board, library and media);
- ▶ Recreational activities;
- ▶ Community outings; and
- ▶ Snoezelen Room (sensory therapy).

Supported Employment Services: These help people with disabilities to find and maintain competitive employment in integrated settings.

Educational Opportunities: LCDS provides an individualized approach to learning that will enhance people's existing supports, foster independence and help them achieve their life goals.



FUNDING OPPORTUNITIES: LCDS is funded by the Ministry of Community and Social Services (MCSS) for basic operating costs. In addition, we rely heavily on financial resources generated by the LCDS Foundation. These funds enhance service quality, provide items not covered by government funds and ensure sustainability for the future. LCDS also depends on the generous support of donors who give through funding events, our annual fundraising campaign and monthly giving program.

VOLUNTEER OPPORTUNITIES: Whether you're looking for new friendships, a way to give back, to belong to a group that is as passionate about community as you are, to develop leadership and governance skills or gain work experience, we have opportunities to match your volunteer goals. If you are only available for a short-term commitment, involvement in our fundraising events is a great way to help out and have fun at the same time.



Lambton Elderly Outreach Inc.

T 519-845-1353
E asoulard@lambtonelderlyoutreach.org
 www.lambtonelderlyoutreach.org
 4486 London Line, R.R.#1
 Wyoming, ON N0N 1T0

AREAS SERVED: Sarnia and Lambton County

ABOUT:

Mission: Our support services enable clients to live with dignity and independence.

Vision: To provide excellent support services to the community we serve.

Values:

- ▶ Respect;
- ▶ Accountability;
- ▶ Leadership;
- ▶ Continuous Improvement;
- ▶ Integrity;
- ▶ Collaboration;
- ▶ Empowerment;
- ▶ Equity; and
- ▶ Advocacy.

Our services extend to Grand Bend on the north, just beyond Watford to the east, to Walpole Island to the south and to the Lake Huron shoreline on the west.

WHO WE SERVE: We provide services to seniors over the age of 60 and adults with disabilities over the age of 18.

PROGRAMS/SERVICES

Transportation: Let our staff and volunteer drivers drive you to your destination in one of 16 wheelchair-accessible vans. Volunteer drivers are also available.

Personal Care: Our qualified staff will assist you with your personal hygiene needs as well as assist you with preparing meals, doing laundry, light housekeeping and grocery shopping.

Home Help: Our well-trained staff members assist you with grocery shopping, light housekeeping, laundry and meal preparation.

Caregiver Respite: This provides in-home relief while knowing that their loved ones are being well cared for.

Caregiver Support: This service provides information, education and training to assist a caregiver.

Meals on Wheels: We offer Meals on Wheels in rural Lambton County and Wallaceburg for those who wish to enjoy nutritious, home-style meals delivered hot or frozen.

Home Maintenance: Available for minor home repairs, heavy housecleaning and regular lawn/yard maintenance and snow removal.

Client Intervention and Assistance: This service provides assistance for those in crisis or abusive situations. A qualified social worker will assist and support you by offering counselling, intervention and referral information.

Diner's Club (Seniors' Luncheon): Our Diner's Clubs provide a hot meal along with some entertainment of interest to seniors and some mental stimulation.

55 Alive Driving Refresher Course: This is a six-hour, theory-based driver refresher course that reviews and teaches safety principles, defensive driving techniques, minor vehicle maintenance and theory of driver preparation.

Forever Fit Exercise Classes: Classes are led by certified volunteer instructors and are designed to include low-impact exercises and discussions on healthy aging and exercise.

Friendly Visiting: Social visits are available for lonely/isolated seniors.



FUNDING

OPPORTUNITIES: The Ministry of Health and Long-Term Care provides 70% of our funding through the Local Health Integration Network. The remaining 30% of our \$2.5 million budget must be raised through fundraising, client fees and donations. We receive \$53,000 annually from the United Way of Sarnia-Lambton.

VOLUNTEER

OPPORTUNITIES: We have approximately 180 volunteers and continue to have a need for additional volunteers for driving, visiting, grocery shopping, fitness programming, Diner's Clubs and board.



Learning Disabilities Association of Lambton County

T 519-344-4919
E ldalc@xcelco.on.ca
 www.sarnia.com/groups/lda-lc
 560 Exmouth Street #109A
 Sarnia, ON N7T 5P5

AREAS SERVED:

Lambton County

ABOUT: The Learning Disabilities Association of Lambton County (LDALC) provides leadership in learning disabilities, systemic advocacy, education and service and to advance the full participation of children, youth and adults with learning disabilities in today's society. We promote positive change by innovation, strategic partnerships, credible advocacy, informed public policy, quality products and services, and great resources.

WHO WE SERVE: We serve children, youth and adults with learning disabilities as well as their families.

PROGRAMS/SERVICES

Kids Positive Program: This is a 10-week program for children 6–13 designed to improve social skills and build self-esteem. The LDALC strives to enable children with learning disabilities to reach their full social and emotional potential.

Study Smart Program: This 10-week program for children in grades 6–9 increases their study skills and habits. Children learn their learning style and test taking. Organizational and time management skills are also developed.

Parenting Program: This five-week interactive parent advocacy course is facilitated by a trained advocate. This program assists parents in understanding different types of learning disabilities, including ADHD, and develops an understanding of how legislation affects the school system.

Homework Hub: This is operated at four local schools as an after-school program and is staffed by a qualified educator, with mature community volunteer assistance. The hub's function is to assist with homework where challenges exist in the family around homework completion. Homework Hub is open to all students in Lambton County.

Summer Entrepreneurial Experience: This is a two-week summer camp that teaches youth 12–16 how to start and operate their own micro business. They will learn business skills, prepare a business plan, and earn a profit when they go to the farmer's market to sell the products they have made.

Educational Sessions: Throughout the year, we offer several different workshops and group sessions held on relevant topics.



FUNDING

OPPORTUNITIES: We are seeking sponsors for participants in some of our programs geared to children, including our Kids Positive Program.

VOLUNTEER OPPORTUNITIES:

Throughout the school year, volunteers are needed to help with our children's programs: Kids' Positive Social Skills and Homework Hub.

In the summer, we require volunteers to help with our Summer Entrepreneurial Experience: helping with creating their products to sell, developing their business plan, mentoring and running their own business. We have several fundraisers that also require volunteers.



Organization for Literacy in Lambton

T 519-332-4876

E oll@bellnet.ca

www.readsarnia.org
180 North College Avenue
Room 103
Sarnia, ON N7T 7X2

AREAS SERVED: Sarnia and Lambton County

ABOUT: The Organization for Literacy in Lambton (OLL) serves Sarnia and Lambton County, providing literacy and numeracy support for adults and children. Our children's programs rely on community support to run during the school year.

WHO WE SERVE:

Our mission statement is:

to ensure that all individuals in Lambton County have the opportunity and resources to improve their literacy. We offer programming for adults and children.



PROGRAMS/SERVICES

Adult Literacy Programs: Free assistance is available for one-to-one tutoring or small group sessions for adults who need assistance to improve their math or reading skills.

Children's Programs: Free tutoring programs are offered in Sarnia-Lambton for children in grades one through seven throughout the school year.

Give A Book: The OLL partners with several local agencies to provide a new book for Christmas to each child whose family receives a Christmas hamper. Donations may be made at the OLL office throughout the year, or at any County of Lambton Library during the holiday season.

Take A Book: Used books are collected and distributed throughout the community. These books are given out free of charge to anyone who would like them. The OLL is always accepting donations of used books for this program. If you know of an ideal location for one of our Take A Book boxes, please contact us.



FUNDING

OPPORTUNITIES: We welcome donations to support our children's programs and enhance our adult programs with activities such as excursions and a breakfast program. Why not make a donation in someone's name as a Christmas or birthday gift?

VOLUNTEER

OPPORTUNITIES: We regularly run volunteer training sessions for anyone interested in volunteering with either our adult or children's programs. Volunteer opportunities are available in the morning, afternoon or evening.



Pathways Health Centre for Children

T 519-542-3471

E info@pathwayscentre.org

www.pathwayscentre.org
1240 Murphy Road
Sarnia, ON N7S 2Y6

AREAS SERVED: Sarnia and Lambton County

ABOUT: For almost 40 years, Pathways staff has been partnering with children and youth, families, other agencies, our funders and the communities of Sarnia-Lambton to ensure that children and youth with disabilities have the same opportunities as others to achieve their potential for a better quality of life.

WHO WE SERVE:

We serve 2,300 infants, children, youth and young adults with physical, developmental and communication needs and a broad range of diagnoses that includes autism spectrum disorder, cerebral palsy, Down's syndrome, head injury, medically fragile, pervasive developmental delay and accompanying behavioural challenges.

SERVICES

Our services are available for clients from birth to age 19 unless otherwise noted.

Applied Behavioural Analysis: This is for children and youth under 18 with a diagnosis of Autism Spectrum Disorder. It provides support and education to help children/youth to participate at home and in the community.

Audiology: This prescribes and dispenses equipment to improve hearing and offers supports.

Augmentative Communication: This service assesses clients of all ages when speaking or writing is physically difficult or limited; recommends and/or prescribes equipment, trains and supports for equipment use; and provides access to funding of equipment for clients who qualify.

Behaviour Consultations: For clients already on caseload, this helps families find solutions to behaviour issues and helps them find new ways of interacting with one another.

C.A.C.H.É. Child Care: Our early learning and daycare is for children aged 18 months to six years.

Family Resources: This is a source of reliable, accessible information to families in a variety of forms.

Feeding: This service assesses difficulties with feeding, then recommends and provides support.

Respite Services: This service helps families who are in crisis with no other respite services in place, for children with special needs from birth to two years.

Special Services at Home: Programming support for eligible children and youth with special needs.

Medical Clinics: For clients already on caseload, these provide contact with medical specialists.

Occupational Therapy: This therapy assesses clients who have difficulties with daily activities, then recommends, prescribes equipment and offers supports.

Physiotherapy: This assesses movement skills, then recommends supports to increase strength, stretch muscles, gain endurance, and improve movement, balance, coordination and fitness.

Resource Support Services: Early learning resource teachers support the inclusion of children with special needs in licensed childcares.

Seating and Mobility: This helps clients who need custom equipment to lead an active, independent life.

Service Coordination: This helps families get the right help at the right time in the right place, making referrals and organizes family service plan meetings.

Social Work: For clients and families already on caseload, Social Work offers counselling and emotional support for clients and families, and provides community connections.

Speech and Language Services – SoundStart: For children from birth through age five, this assesses communication skills and recommends strategies and offers speech supports.

Teen Transition Services: This provides support to teens and their families as they plan and prepare for adulthood.

Therapeutic Aquatics: A heated salt-water therapeutic pool, accessible with an entrance ramp, is available for members of the community.

Recreation Therapy: Services connect clients and families to recreation and leisure activities designed for children and youth with special needs.

FUNDING

OPPORTUNITIES:

Pathways Health Centre for Children receives 65% of its funding through the Government of Ontario, with the remainder coming from municipal, other contracts, fundraising and donations. We gratefully acknowledge the vision and long-standing support of the Rotary Club of Sarnia! A number of individuals and corporations have also stepped forward to enhance the level of services we are able to provide through philanthropic giving and sponsorship of signature fundraising events.

VOLUNTEER

OPPORTUNITIES:

Please contact us for further information and an application form for becoming a volunteer at Pathways.





Sarnia-Lambton Children's Aid Society

T 519-336-0623
www.slcas.on.ca
161 Kendall Street
Point Edward, ON N7V 4G6

AREAS SERVED: Sarnia and Lambton County

ABOUT: Sarnia-Lambton Children's Aid Society is a trusted ally to families, communities and cultures in creating safe, nurturing environments for children and youth to grow and succeed.

WHO WE SERVE: Children and youth and their families who need children protection services.



PROGRAMS/SERVICES

Child Protection Services: We respond to referrals from parents, children, youth and the community regarding children and youth who may be in need of protection. We complete child protection assessments and provide ongoing supports and services when needed.

Support Services: When children are in need of protection services, we provide supports to families so they can safely care for their children. These include individual plans for each unique situation.

Kinship Services: When children are unable to remain living with their birth parents, children may be placed with their extended family members. We provide supports and assistance to the extended family to help them care for the children. We also complete extensive searches to find extended family for children and youth.

Foster Care and Adoption: As a last resort, children and youth sometimes need to come into the care of the Children's Aid Society. We provide foster care and adoption for these children and youth.

Youth Supports: A variety of services and supports are available for youth who are in care including life skills groups, youth events and recreational activities.

FUNDING

OPPORTUNITIES: Donations to the Bluewater Children's Foundation support services to children, youth and families that are not covered by government funding. These include camp opportunities for children and post-secondary education supports for youth in care.

VOLUNTEER OPPORTUNITIES: Become a foster or adoptive parent to one of the 145 children and youth in care in Sarnia-Lambton.

Become a volunteer by mentoring a child or youth, supporting a family, tutoring a child or driving children to visits with their families.



Sarnia-Lambton Native Friendship Centre (SLNFC)

T 519-344-6164
www.SLNFC.org
233 Lochiel Street
Sarnia ON N7T 4C9

AREAS SERVED: Lambton County

ABOUT: The Sarnia-Lambton Indian Friendship Centre was incorporated as a not-for-profit organization on November 1, 2007.

- ▶ The Ontario Federation of Native Friendship Centres (OFNFC) awarded core funding to the SLNFC in January 2009.
- ▶ The SLNFC Board of Directors partnered with the County of Lambton, the Ministry of Child and Youth Services and Child Daycare by Design. "Nwiijkewesag" Little Friends Child and Family Development Centre opened in February 2009.
- ▶ The SLNFC leased a building and opened its doors at 154 Mitton Street North in May of 2009.
- ▶ The SLNFC secured a grant from the Friendship Centre Infrastructure Program (FCIP) to purchase and renovate a building in October of 2011. The building and renovations were completed in October 2012. The SLNFC now owns their building and land.

PROGRAMS/SERVICES

AKWE:GO "All of US" Children's Program: This is available to urban Aboriginal children 7-12 years old. The Akwe:go Children's program provides direct individualized support services to meet the immediate needs of the urban native child through client-based activities that focus on social supports, health and physical development, institutional intervention, children with disabilities and children in care.

WASA-NABIN "To Look Ahead" Youth Program: This is available to urban Aboriginal youth 13-18 years old. The purpose of the Wasa-Nabin program is to provide support and guidance within a cultural framework for youth aged 13-18 who are at risk for specific negative behaviours and outcomes as a result of their circumstances in life. The program incorporates traditional cultural teachings and values to encourage healthy lifestyle choices, foster responsible decision making and influence critical thinking.

UAHL "Urban Aboriginal Healthy Living Program" The Urban Aboriginal Healthy Living Program (UAHL) is designed to increase the participation of urban Aboriginal people in sports, physical fitness activities and to provide nutritional and smoking prevention/cessation supports for healthier living amongst Aboriginal people. Components of the program include physical fitness, recreation, nutrition programming, smoke-free living and youth leadership.

Student Nutrition Program: This program provides healthy foods/snacks for the Akwe:go and Wasa-Nabin programs at the Centre.

Urban Aboriginal Healthy Living Program: Increases participation in sports, physical fitness and provides nutrition and smoking prevention supports for healthier living among urban Aboriginal people.



WHO WE SERVE:

The SLNFC services urban Aboriginal people. (Status, non-status, Metis and Inuit.)

VOLUNTEER OPPORTUNITIES:

The SLNFC is open to volunteers and placements with an approval process. It is mandatory that each person has a CPIC and vulnerable sector clearance.



Sarnia-Lambton Rebound

T 519-344-2841
E info@reboundonline.com
 www.reboundonline.com

Rebound Sarnia

c/o Dow Centre for Youth
 10 Lorne Crescent
 Sarnia, ON N7S 1H8

Rebound Petrolia

Unit 1, 411 Wingfield Street
 Petrolia, ON N0N 1R0

Rebound Forest

North Lambton Community
 Health Centre

Great Hall - Civic Room
 59 King Street West
 Forest, ON N0N 1J0

AREAS SERVED: Sarnia and Lambton County with offices in Sarnia, Petrolia and Forest.

ABOUT: Created in 1984, Sarnia-Lambton Rebound has successfully served more than 19,000 young people from across Lambton County in our effective community-based programs for youth ages 8 to 17.

Youth engagement at Rebound is to empower youth in a progressive partnership and enhance youth informed practices.

WHO WE SERVE: Rebound supports and services are a resource for all young people and their families. We support youth 8 to 24 years.

PROGRAMS/SERVICES

Life Choices: This 10-week social competency program is offered to youth ages 12 to 17.

Substance Abuse Facts and Education (SAFE) Choices: The SAFE Choices program encourages youth between the ages of 14 and 17 to make informed decisions on substance use.

Stop Think and Decide (STAND): STAND provides a service to those who might prefer to communicate during one-on-one sessions and also as a transitional support while waiting for a group.

Thrive: This 10-week program is offered to youth aged 12 to 14 and focuses on resiliency and coping mechanisms. Thrive encourages youth to face both the daily challenges and the more serious life issues with confidence and courage.

Positive Alternative to Suspension from School (PASS): This program is an alternative to home suspension and is offered to youth in grades 4 through 12. The focus is on developing positive social and cognitive skills and to ensure that the student doesn't fall behind in his/her academics.

Strategies to Achieve Girl Empowerment (STAGE): This 10-week program addresses issues related to relational aggression and is offered to two specific age ranges to meet the developmental needs relevant to that age group.

Tools for Attaining Growth (TAG): This 10-week program focuses on issues that boys between the ages of 8 to 11 face on a regular basis.

Act II: This summer theatre program is offered to youth between the ages of 7 and 25. It provides an artistic approach that allows youth to reach their full potential in a fun and safe environment.

Getting Possibilities Started (GPS) Youth Action Committee: Membership is open to all youth in Sarnia-Lambton. The group meets twice a month to help reduce stigma, inform about programs and strengthen community development efforts at Rebound. The goal is to amplify the voice of youth in our community.

Spectrum: This is a safe space for lesbian, gay, bi-sexual, transgendered, questioning and two-spirit youth to meet, find support and have fun.



FUNDING

OPPORTUNITIES:

Rebound receives partial funding from the Ministry of Child and Youth Services and the United Way. However, we are still required to raise additional funds each year through fundraising efforts, direct donations and grants.

VOLUNTEER

OPPORTUNITIES:

There is a broad range of volunteer opportunities available at Rebound, from direct work with youth to marketing and administrative tasks, theatre and maintenance.



St. Clair Child and Youth Services

T 519-337-3701
E shieric@stclairchild.ca
 www.stclairchild.ca
 129 Kendall Street
 Point Edward, ON N7V 4G6

AREAS SERVED:

Lambton County

WHO WE SERVE: St. Clair Child and Youth Services provides mental health, developmental and youth justice services to children, youth and their families from birth to 18 years of age (age 20 for youth justice) who reside in Lambton County.



PROGRAMS/SERVICES

Infant Development Program: Provides developmental services to young children from birth to five years of age.

0-6 Regional Mental Health Program: Provides early intervention mental health services for children and families up to six years of age.

Post-Partum Mood Disorder Program: Provides specialized assessment counselling services to new mothers.

Ontario Early Years Satellite Program: Provides drop-in services to young families.

Outreach Program: Provides early identification and intervention services to at-risk families.

Schools and Community Intervention Program: Provides specialized mental health assessment and treatment for children experiencing early school adjustment programs.

Walk-in Clinic: Provides consultation and counselling services to children, adolescents and their families.

Crisis Follow-up Program: Provides follow-up counselling services to youth identified at risk as a result of presentation at the Emergency Department of Bluewater Health.

Assessment and Treatment Program: Provides mental assessment and intervention programs to children, youth and their families.

Youth Justice Programs: Providing assessment and counselling services to youth and families involved with the courts.

Mental Health in the Courts Program:

Providing consultation to the courts and young persons involved with the legal system.

Concurrent Disorders Program: Provides counselling services to youth experiencing addictions and mental health problems.

Family Solutions Program: Provides in-home intervention to children, youth and families experiencing complex behavioural problems.

Clinical Supports to Foster Care: Provides in-home intervention to foster parents and children and youth in foster homes.

Dual Diagnosis Program: Provides specialized intervention to children, youth and families living with a cognitive delay and mental health difficulties.

HOW YOU CAN HELP:

St. Clair Child and Youth Services has an active fund development branch that raises dollars to support the programs and services offered by the agency. We require volunteers to assist with our efforts in this area.

Tax deductible donations are also gratefully accepted.

Certain programs and activities also require volunteers to support the participation of children and families.





St. Joseph's Hospice of Sarnia Lambton

T 519-337-0537
 www.stjosephshospice.ca
 475 Christina Street North
 Sarnia, ON N7T 5W3

AREAS SERVED:
 County of Lambton

ABOUT: Since 2005 St. Joseph's Hospice has been serving the community as a Resource Centre for terminally ill people as they face their illnesses and support programs for people who are caring for or grieving the loss of a loved one. Our ten-suite home-like residence provides free of charge 24-hour specialized palliative care to people living with a terminal illness. Hospices are not just buildings – they are comprised of community-based volunteers who work together with established healthcare professionals to provide specialized care. There is NO charge for Hospice and its services.

WHO WE SERVE: St. Joseph's Hospice provides programs and services support for children and adults within Sarnia Lambton who are dealing with a loved one's illness and/or death. We also provide residential care for those who are terminally ill.



PROGRAMS/SERVICES

Living Life Well Programs and Services:

- ▶ Adult Bereavement Support Groups
- ▶ Caregiver Support Groups
- ▶ Share the Journey
- ▶ Caring Hearts Children's Program
- ▶ Parents of Grieving Children Support Groups
- ▶ Illness Support Groups
- ▶ Day Hospice Program
- ▶ Hospice Volunteer Visiting Program
- ▶ Complementary Therapies
- ▶ Music Therapy
- ▶ Pet Therapy
- ▶ Food For Thought Luncheons
- ▶ Coffee & Conversation Time for the Bereaved
- ▶ Community Education

RESIDENTIAL HOSPICE CARE

- ▶ Beautiful 10-bedroom residence provides a comfortable, home-like atmosphere for residents, their families and friends
- ▶ Nursing and Personal Support Worker care available 24/7
- ▶ Therapeutic Spa
- ▶ Spiritual Support
- ▶ Complementary Therapies
- ▶ Music Therapy
- ▶ Pet Therapy
- ▶ Hairdressing
- ▶ Manicures and Pedicures



FUNDING

OPPORTUNITIES:

St. Joseph's Hospice is not fully funded – we rely on donations to provide more than 57% of our total annual budget. The Ontario Ministry of Health and Long-Term Care only funds nursing and personal support workers – the remaining costs are covered through fundraising. By making St. Joseph's Hospice a recipient of your annual donations, you help us to help those in need. Your donation is a commitment to the future of hospice palliative care in our community.

VOLUNTEER

OPPORTUNITIES: There are a variety of volunteer opportunities ranging from our administrative support team, direct support, kitchen support, special events, bereavement facilitators, Children's Program, gardening, building maintenance, housekeeping, to board and committee support. We currently have 375 volunteers, who contributed more than 23,000 hours per year with a monetary value of approximately \$475,000 per year.



Victim Services of Sarnia Lambton, Inc.

T 519-344-8861 ext. 5238
 E victim@ebtech.net
 www.victimservices.on.ca
 555 Christina Street North
 Sarnia, ON N7T 7X6

AREA SERVED: Lambton County

ABOUT: Victim Services of Sarnia Lambton, Inc. is a non-profit community-based organization working in co-operation with local emergency service providers and other related community services to meet the short-term needs of victims of crime and tragic circumstance by providing emotional support, practical assistance and referrals to community resources.

WHO WE SERVE: Victims of all crimes and tragic circumstance.

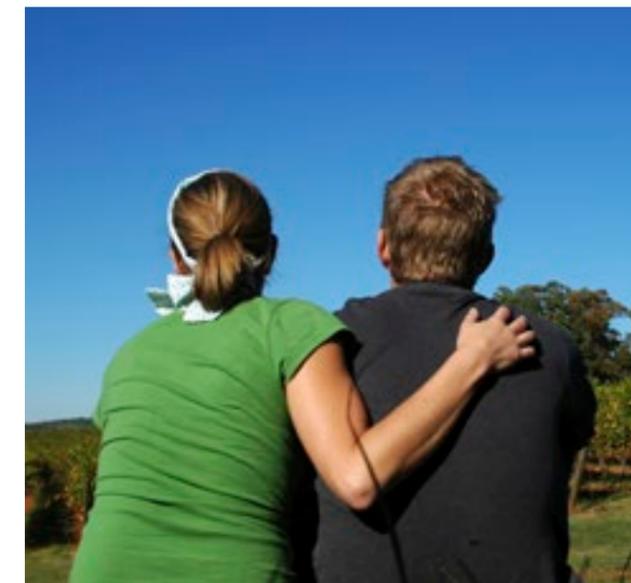


PROGRAMS/SERVICES

Victim Crisis and Assistance Referral Service: 24-7 response program providing immediate, short-term crisis intervention services to those affected by crime and tragedy.

SupportLink: Support, comprehensive safety planning for victims at high risk of serious harm due to domestic assault, sexual assault and criminal harassment.

Victim Quick Response Program: Financial assistance for eligible victims for funeral expenses, emergency expenses, crime scene cleanup and short-term, early intervention counselling related to: homicide, attempted murder, serious physical assault, domestic violence, sexual assault and hate crime.



HOW YOU CAN HELP:

Dealing with crisis is something that we all face at some point in our lives. No one is immune to violence, crime or uncontrollable circumstance. Sudden death, physical abuse, sexual assault, suicide or theft can happen to us/our loved ones at any moment. When it does happen, we can be overwhelmed by shock, grief, sadness, fear, confusion and loss.

- ▶ What help is available?
- ▶ Will we be left to cope by ourselves?
- ▶ Who will help?
- ▶ YOU CAN HELP!

Join our Victim Services team and enter into a volunteer experience that will offer you:

- ▶ Free crisis response training;
- ▶ The opportunity to work with some of the most caring people in your community;
- ▶ Ongoing training opportunities throughout your time with our agency; and
- ▶ The immediate reward of knowing that you helped to make a positive difference in someone's life.



Women's Interval Home of Sarnia-Lambton Inc.

T 519-336-5200
TF 1-800-265-1412
E info@womensintervalhome.com
 www.womensintervalhome.com
 P.O. Box 652
 Sarnia, ON N7T 7J7

AREAS SERVED: Sarnia-Lambton

ABOUT: The Women's Interval Home of Sarnia-Lambton is a non-profit charitable organization established on December 10, 1977 to provide emergency shelter and counselling services to abused women and their children in Sarnia-Lambton.

WHO WE SERVE: Women and their dependent children, who are currently being abused by their primary partner, may be admitted as temporary residents if deemed appropriate by staff of the Women's Interval Home.

PROGRAMS/SERVICES

Emergency Shelter: This is a 17-bed shelter for women of all ages, with or without children, who are experiencing abuse from their partner, spouse or caregiver. The shelter is staffed 24 hours a day, seven days a week. We provide individual and group counselling for women and children, safety planning, support, advocacy and referral services. We also provide a shelter-based school program for children from kindergarten through grade 12.

Transitional Support & Housing Program: This is a free service to assist women leaving an abusive partner or planning to leave an abusive relationship. Risk assessments, safety planning and assistance with housing, Ontario Works and legal system as well as other community supports are provided.

Child Witness Program: The Child Witness Counsellor offers individual, supportive counselling and safety planning to children ages 4-16 who have witnessed woman abuse. Trauma debriefing and advocacy may be offered when appropriate.

Life Skills: These classes are presented one evening per week year round, with goals to: see themselves as a leader; become less isolated by being part of a group; learn to develop honest relationships; and be a community contributor.

Women's Support Group: This is a 10-week group for women who have experienced abuse in their relationship. It gives them an opportunity to share their stories in a safe, supportive and confidential environment.

Youth Relationship Program: This is a 12-week program designed for youth to learn different aspects of healthy relationships; assertiveness skills for handling dating pressure; to define woman abuse; about their rights and responsibilities in dating relationships; about community resources.

Child Witness – Concurrent Group: This gives children 4-16 a safe and supportive environment to process the violence and the abuse of power and control they have witnessed.

W.O.M.E.N. (Women On The Move Employment Now): This group is an eight-week employment readiness program for women abuse survivors who are ready to make a transition into employment and/or education.



FUNDING OPPORTUNITY:

Walk a Mile in Her Shoes® is the International Men's March to Stop Rape, Sexual Assault & Gender Violence. The Women's Interval Home of Sarnia-Lambton and Reseau-femmes hosts the event to raise money and awareness for both of those agencies to put an end to domestic violence in our community.

VOLUNTEER

OPPORTUNITIES: You can volunteer your time with children's activities; sorting donations; cooking and kitchen assistance; clerical help; fundraising; and public awareness events.



YMCAs across Southwestern Ontario

T 519-336-9622
E info@ymcaswo.ca
 www.ymcaswo.ca
 49 Finch Street
 Sarnia, ON N7S 5C6

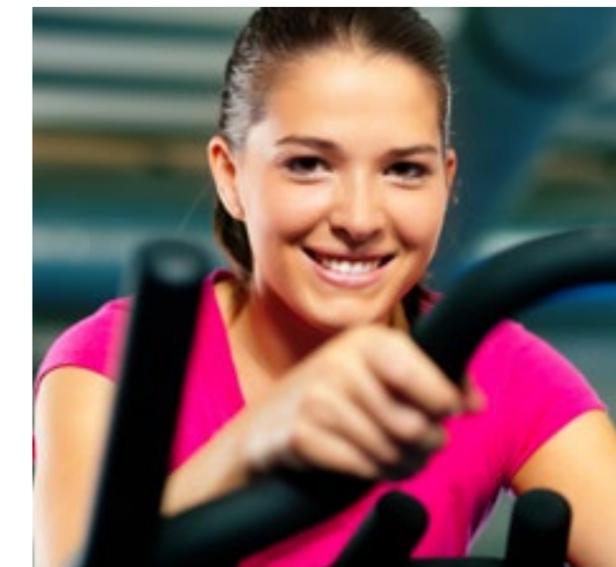
AREAS SERVED: Sarnia-Lambton, Chatham-Kent, Goderich-Huron, Central Huron, Lambton Shores and North Middlesex

ABOUT: The YMCA is a charity dedicated to strengthening the foundations of communities. We do this by nurturing the potential of children, teens and young adults; promoting healthy living, and fostering social responsibility. Through YMCA financial assistance programs, the YMCA is accessible to all. Our core offerings include: Child Care, Health & Fitness, Education, Employment Services, Community Initiatives and Opportunities to Give.

WHO WE SERVE: More than 36,000 people are part of our delivery network at our YMCAs across Southwestern Ontario. We serve children, youth, teens, adults and seniors of all ages.

PROGRAMS/SERVICES

YMCAs across Southwestern Ontario offer a wealth of programs and services tailored to meet the unique needs of the communities they serve. Several key program areas are: Children & Youth, Health, Fitness and Recreation, Child Care, Employment, Community/Newcomer, Camps and Leadership Development.



FUNDING

OPPORTUNITIES: As a charity, the YMCA has long been dedicated to promoting the health of our communities by fostering the health of every Canadian. We rely on the generous support of donors like you, who share our commitment to assisting children, youth, families and newcomers. Our YMCAs partner and collaborate with more than 100 community agencies and institutions and all levels of government in order to serve our mission of building healthy communities.

The YMCA Strong Kids Campaign raises much-needed financial support for children, teens and families who are unable to afford the full cost of participation in a YMCA program or activity. Donations help to give children access to healthy food, healthy activity and healthy environments.

VOLUNTEER

OPPORTUNITIES: At the YMCA, we're all about people helping people. There are many ways to volunteer your time and talent to support our goal of building healthy communities. The YMCA offers a wide range of programs and services across Southwestern Ontario, with volunteer opportunities to match your skills, interests and schedule.